

**STUDENTS OF Southard
Combat
System**



Presenting the
**WINTER 2009
TRAINING SEMINAR**
Featuring
Grand Master
TONY SOUTHARD

TONY SOUTHARD

10th Dan Ch'uan Fa Tenth Level
Black Sash
10th Dan in Southard Combat System
7th Dan in JuJitsu
5th Dan in submission Kenpo
3rd Dan in Hapkido
3rd Dan in Ground Defense
2nd Dan in Judo
2nd Dan in Combat Kenpo
1st Dan in Tae Kwon Do
1st Dan in S.T.E.A.L.T.H. Ninjutsu
Naval Security Forces Senior Protection Instructor
Phd in Self Defense
Combatives Director of Shinja Martial Arts
Undefeated Kickboxer who was scheduled to fight for the World Championship
Certified Expert Specialist in weapons
An expert at gun and knife disarming
Certified Personal Trainer
Certified Body Guard
Certified Kubotan / Mini Baton

LOCATION

All-Star Athletics
5795 Industry Way
Chubbuck, ID

*This training is for MATURE Adults over the age of 18 only.
Humility is A MUST!!*

The life saving techniques taught by Grand Master Southard are REAL life situations applied in a very practical way. You do NOT require BLACK BELT status to attend these classes.

SCHEDULE

Thursday, January 8th

Women Self Defense 11:30AM-1:30PM
Cost \$45.00 per person
Couple Self Defense 1:30PM-3:30PM
Cost \$75.00 per couple

Friday, January 9th

Power Strikes / Kicks 8AM-11AM
Cost \$45.00 per person
~ BREAK 11AM-12PM ~
Weapons Disarm 12PM-3PM
Cost \$45.00 per person
Tactical Pen 3PM-5PM
Cost \$60.00 per person
~ BREAK 5PM-6PM ~
Self Defense / Joint Locks 6PM-9PM
Cost \$50.00 per person

Saturday, January 10th

Pressure Points 9AM-10:30AM
Cost \$45.00 per person
~ BREAK 10:30AM-11AM ~
LEVEL I COMBAT CERTIFICATION 11AM-3PM
Cost \$100.00 per person
~ BREAK 3PM-4:30PM ~
LEVEL II COMBAT CERTIFICATION 4:30PM-8:30PM
Cost \$100.00 per person

PAYMENT

Cash or checks made payable to
M W Associates, 110 Wayne, Pocatello, ID 83201

Download a registration form at <http://www.southardsystem.com/registration>
See video of Grand Master Tony Southard at <http://www.southardsystem.com/video>
Any questions, call Destry Wolbert at 208-251-8322 or email destry@southardsystem.com